

Isolation, Molecular Docking, and ADME Prediction of Bioactive Phytochemicals from *Pterocephalus frutescens* Targeting Cancer-Related Enzymes

Oliver Grant¹, David Clark^{1*}, Sophia Nguyen²

¹Department of Pharmaceutical Innovation and Drug Design, Faculty of Pharmacy, University of Glasgow, Glasgow, United Kingdom.

²Department of Molecular Therapeutics and Drug Discovery, Faculty of Pharmacy, National University of Singapore, Singapore.

*E-mail ✉ david.clark@gmail.com

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ABSTRACT

In-silico modeling and computer-aided drug design benefit from the virtual evaluation of promising lead chemotherapeutic phytochemicals sourced from medicinal plants, which is accomplished by orienting and scoring ligands within a target protein's active binding cavity. The phytochemical exploration of a *Pterocephalus frutescens* n-butanol extract afforded the isolation and structural determination of three iridoids alongside four flavonoids, established respectively as Geniposide (1), Geniposidic acid (2), Nepetanudoside C (3), Isovitexin (4), Luteolin-7-O-glucoside (5), Isoorientin (6), and Orientin (7). The binding energies of these isolated phytochemicals were compared via molecular docking across four cancer-relevant biological receptors: aromatase, carbonic anhydrase IX, fatty acid synthase, and the topoisomerase II-DNA complex. Findings from the docking work revealed that the purified compounds harbor encouraging cytotoxic capabilities, especially Luteolin-7-O-glucoside (5) and Orientin (7), which registered remarkable binding affinities within the panel of isolates at the active pockets of the target proteins; Aromatase (−8.73 Kcal/mol), and Carbonic anhydrase IX (−8.92 Kcal/mol), correspondingly, outperforming the documented binding scores of both co-crystallized ligands and standard drugs at these enzymatic targets. Additionally, within the set of separated constituents, Luteolin-7-O-glucoside (5) exhibited the strongest binding interactions at the active sites of Fatty acid synthase and the Topoisomerase II-DNA complex, yielding binding values of −6.82 and −7.99 Kcal/mol, respectively. In the end, predictions from the SwissADME online portal indicated that most of these phytomolecules have satisfactory oral bioavailability and drug-likeness.

Keywords: Drug likeness, Lipinski's rule, Molecular docking, *Pterocephalus frutescens*, Chemical profiling, Phytochemicals

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Introduction

Encompassing 42 genera and roughly 860 species, the Caprifoliaceae family is primarily distributed in Europe, Asia, and Africa, with some representatives introduced and successfully established in other territories [1]. The genus *Pterocephalus* contains 25 species, known worldwide for their antimicrobial, anti-inflammatory, free radical-scavenging, liver-protective, and pain-relieving effects [2-5]. A range of natural products underlying these biological actions in the *Pterocephalus* genus have been purified, including flavonoids, iridoids, phenolic acids, saponins, and lignans [6-9]. In the clinical realm, chemotherapy is a cornerstone modality in cancer management; therefore, the discovery of actionable chemotherapeutic targets remains an active area of investigation [10, 11]. The use of plant-derived molecules in oncological therapy is widely described in the scientific literature. Vincristine and paclitaxel are prominent examples of phytochemicals used in clinical chemotherapy protocols

[12]. Flavonoids constitute another phytochemical class with considerable chemotherapeutic and cancer-preventative promise, as well as recognized anti-inflammatory properties [13, 14].

Numerous biomolecular entities have been probed as targets for the tailored treatment of various cancer forms. This therapeutic paradigm focuses on identifying individual proteins implicated in neoplastic growth and division, enabling chemotherapeutic agents to impede cancer dissemination. Among the identified biological targets, aromatase, carbonic anhydrase IX, fatty acid synthase, and the topoisomerase II-DNA complex have drawn considerable focus. Aromatase is a pivotal enzyme in estrogen biosynthesis, orchestrating androgen aromatization; estrogens are established as key drivers of mammary carcinogenesis [15]. Multi-targeted chemotherapeutic approaches have also recently involved aromatase [16, 17]. Certain phytochemical entities, exemplified by the flavonoids rotenone, chrysin, and apigenin, have demonstrated potent suppression of the aromatase cytochrome p450 enzyme [18].

Regarding fatty acid synthase (FAS), this enzyme is the principal catalyst for the synthesis of diverse fatty acids and is abundantly overexpressed in numerous neoplastic conditions [19]. Consequently, it confers metabolic adaptability, especially in tumors with a lipogenic phenotype [20]. This metabolic role has positioned FAS as an alluring drug target, where particular flavonoid phytochemicals were shown to mediate a dose-dependent link between FAS suppression and the triggering of programmed cell death in malignant cells [21].

Another critical category encompasses the topoisomerase enzymes, which perform essential catalytic functions in modulating the three-dimensional architecture of DNA. Human topoisomerases are classified into two types (I and II), with the Topoisomerase II variant (ATP-binding region) facilitating double-stranded DNA cleavage [22]. These enzymes have been extensively studied as targets for both antimicrobial and anticancer agents [23]. A recent study by Han *et al.* [24] reinforced the therapeutic value of topoisomerase inhibitors in cancer treatment, while highlighting off-target toxicity as the principal limiting factor. Exploration of naturally sourced phytochemicals—including podophyllotoxin, anthracyclines, genistein, and camptothecin—has focused on suppressing topoisomerase I and II in various tumor models [25, 26]. An additional central contributor to neoplastic advancement is carbonic anhydrase IX (CAIX), whose expression is triggered by intratumoral hypoxia and the resulting acidic milieu. This enzyme equips mutated cells to survive the hostile microenvironment generated by their mutations, thereby granting them a selective advantage for propagation and disease progression [27]. Accordingly, numerous investigations have assessed CAIX inhibition as a strategy for tumor management [28, 29].

The investigation described herein sought to delineate the principal phytochemical composition of *Pterocephalus frutescens* raw material using isolation and structural identification techniques. A complementary *in silico* analysis of the obtained phytochemicals was conducted to assess their potential chemotherapeutic relevance, employing molecular docking to probe their binding potential against cancer-related molecular targets: aromatase, carbonic anhydrase IX, fatty acid synthase, and the topoisomerase II-DNA complex. To further assess the promise of these candidates from a drug metabolism and pharmacokinetics standpoint, the SwissADME web-based platform, developed by the molecular modeling division of the Swiss Institute of Bioinformatics (SIB), was used to compute their physicochemical descriptors and predict their pharmacokinetic behavior and drug-likeness [30].

Materials and Methods

Plant material

Specimens of *P. frutescens* Hochst. Aerial tissues were harvested at the flowering stage in June 2017 from Jabal An-NabiShu'ahyb, Sanaa, within the Republic of Yemen. Botanical collection, taxonomic determination, and authentication were performed by Dr. Abdo H. Marey, Professor of Botany and Plant Taxonomy, Faculty of Science, Al-Azhar University, Cairo, Egypt. A reference voucher specimen was archived at the Herbarium of the Faculty of Pharmacy, Al-Azhar University, Cairo, Egypt.

Extraction and isolation of pure compounds

Shade-dried, finely comminuted aerial biomass of *P. frutescens* (250 g) was subjected to sequential Soxhlet extraction employing n-hexane (2 × 2 L) first, then methanol (3 × 3 L), which, after concentration under reduced pressure via rotary evaporator (BUCHI Rotavapor® R-210/R-215, Labfirst Scientific, CA, USA), furnished 7.5 and 35 g of residue, respectively. A 35 g aliquot of the methanol-soluble material was taken up in water and underwent consecutive liquid–liquid partitioning against ethyl acetate (2 × 200 mL) and water-presaturated n-

butanol (3 × 200 mL), delivering light brown dried masses of 8.5 and 11 g, in that order. The n-butanol-soluble portion (11 g) was fractionated on a polyamide stationary phase (200 g) using step-gradient elution from water: methanol (100:0) to (0:100), yielding four pooled fractions. Fraction 2 (1.8 g) was reloaded onto a silica gel column (40 g) and eluted with a chloroform:methanol:water gradient (90:10:1), resolving into three sub-fractions. Sub-fraction 2 (360 mg) was further refined on a silica gel bed, employing sequential elution with chloroform: methanol (90:10) and (85:15) to yield five sub-fractions. Sub-fractions 2.1, 2.4, and 2.5 (weighing 50, 60, and 40 mg, respectively) were each independently polished on a Sephadex LH20 column (50 g) running methanol, ultimately isolating compounds (1), (2), and (3) (22, 38, and 30 mg, respectively). Fraction 3 (2.3 g) was re-subjected to silica gel chromatography (80 g) under isocratic conditions with benzene:methanol:water (100:50:3), giving rise to five sub-fractions. Sub-fraction 3.5 (500 mg) was further chromatographed through Sephadex LH20 (100 g) eluting with methanol to obtain compound (4) (25 mg). Fraction 4 (1.9 g) was processed on a reversed-phase (RP) solid-phase extraction (SPE) cartridge (50 g) using a water: methanol gradient (90:10–10:90), which yielded four subfractions. Purification of sub-fraction 4.1 (280 mg) over Sephadex LH20 (100 g) with isocratic methanol yielded compound (5) (15 mg). Sub-fractions 4.2 (200 mg) and 4.3 (340 mg) were separately polished on Sephadex LH20 (100 g) eluting isocratically with methanol: chloroform (60:40), providing compound (6) (14 mg) and compound (7) (32 mg).

Structure elucidation of isolated pure compounds

Nuclear magnetic resonance (NMR) data were collected on a Bruker spectrometer (Rheinstetten, Karlsruhe, Germany). Deuterated methanol (CD₃OD) and dimethyl sulfoxide (DMSO-d₆) were employed as solvents for spectral acquisition.

Molecular docking analysis

A molecular docking investigation was carried out to probe the anticancer attributes of the yielded compounds versus four pertinent biological receptors, specifically, aromatase enzyme, carbonic anhydrase IV, fatty acid synthase, and topoisomerase II-DNA complex, deploying the Autodock software suite.

Preparation of the investigated compounds

The chemical architectures of the phytochemicals under study were constructed in ChemBioDraw Ultra 14.0 (**Figure 1**) to prepare them for docking simulations, as outlined in earlier reports [31–38]. For every macromolecular target, the furnished compounds were assembled into a unified database and stored using an MDB file format.

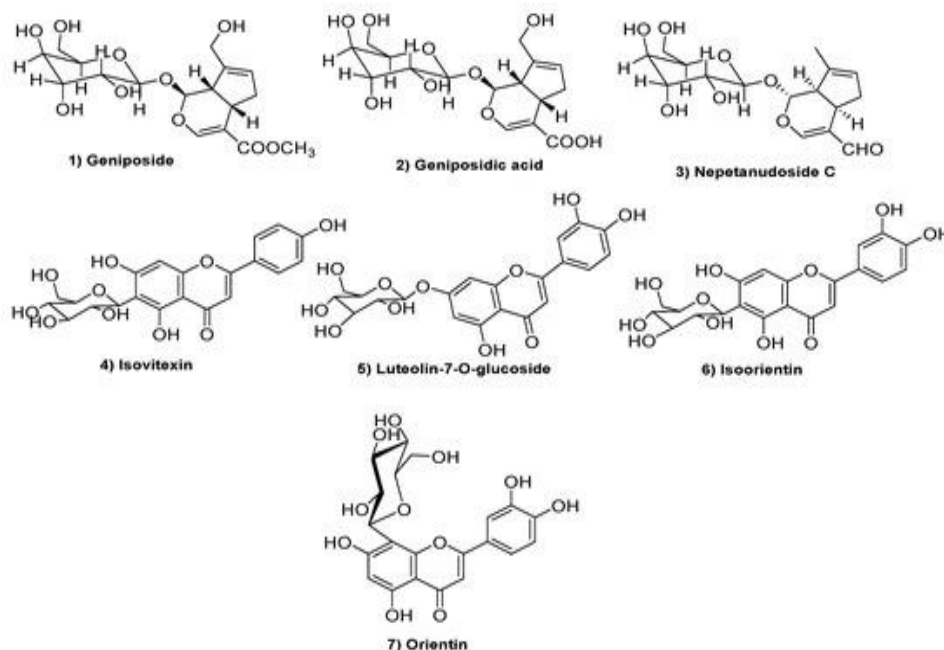


Figure 1. Chemical structures of the flavonoid and iridoid constituents isolated from *P. frutescens* Hochst.

Preparation of the target proteins

Crystallographic coordinates for the selected biological targets were retrieved from the Protein Data Bank. The assigned PDB identifiers for the aromatase enzymes CA IV, FAS, and TOP II were 5jl9 [39], 5fl4 [40], 2px6 [41], and 3qx3 [42], respectively. The protein structures were subsequently prepared by adding hydrogen atoms, mending any disrupted bonds, and performing energy minimization to ready them for the downstream docking protocol, following previously documented procedures in full detail [31].

Results and Discussion

Structural elucidation of isolated pure compounds

Compound (1) was obtained as white crystals with ESIMS m/z : 387 $[M-H]^-$; (calculated for $C_{17}H_{24}O_{10}$). 1H NMR (CD_3OD , 400 MHz) δ 5.19 (1H, d, J = 7.5 Hz, H-1) 7.53 (1H, s, H-3); 3.22 (1H, overlap, H-5); 2.13 (1H, m, H-6a); 2.84 (1H, dd, J = 8.0, 16.0 Hz, H-6b); 5.82 (1H, s, H-7); 2.74 (1H, t, J = 7.5 Hz, H-9); 4.20 (1H, d, J = 14.5 Hz, H-10a); 4.33 (1H, d, J = 14.5 Hz, H-10b); 3.73 (3H, s, H-12); 4.73 (1H, d, J = 7.5 Hz, H-1'); 3.23–3.41 (4H, m, H-2', 3', 4', 5'); 3.65 (1H, dd, J = 4.0, 9.5 Hz, H-6a'); 3.88 (1H, brd, J = 12.0 Hz, H-6b'). ^{13}C -NMR (CD_3OD , 100 MHz) δ 100.2 (C-1); 155.3 (C-3); 114.5 (C-4); 38.6 (C-5); 41.8 (C-6); 130.3 (C-7); 146.9 (C-8); 49.1 (C-9); 63.5 (C-10); 171.6 (C-11); 53.8 (C-12); 102.4 (C-1'); 76.9 (C-2'); 80.0 (C-3'); 73.7 (C-4'); 80.6 (C-5'); 63.7 (C-6'). From the above data, compound (1) was identified as Geniposide [43].

Compound (2) was obtained as an amorphous powder with ESIMS m/z : 363 $[M-H]^-$; (calculated for $C_{16}H_{22}O_{10}$). 1H NMR (CD_3OD , 400 MHz) δ 5.11 (1H, d, J = 7.5 Hz, H-1), 7.31 (1H, s, H-3), 3.23 (1H, m, H-5), 2.09 (1H, dd, J = 16.2/7.6 Hz, H-6), 2.86 (1H, dd, J = 16.2/7.6 Hz, H-6b), 5.79 (1H, brs, H-7), 2.70 (1H, t, J = 7.5 Hz, H-9), 4.18 (1H, d, J = 14.6 Hz, H-10), 4.33 (1H, d, J = 14.3 Hz, H-10b), 4.74 (1H, d, J = 7.6 Hz, H-1'), 3.18–3.45 (4H, m, H-2', H-3', H-4', H-5'), 3.69 (1H, dd, J = 11.9/5.5 Hz, H-6a'), 3.85 (1H, dd, J = 11.6/1.7 Hz, H-6b'). ^{13}C -NMR (CD_3OD , 100 MHz) δ 98.2 (C-1), 153.2 (C-3), 112.8 (C-4), 36.7 (C-5), 39.7 (C-6), 127.8 (C-7), 143.3 (C-8), 47.0 (C-9), 61.4 (C-10), 173.0 (C-11), 100.3 (C-1), 74.8 (C-2), 77.4 (C-3), 71.5 (C-4), 78.8 (C-5), 62.6 (C-6). From the above data, compound (2) was identified as Geniposidic acid [43].

Compound (3) was obtained as an amorphous powder with ESIMS m/z : 341 $[M-H]^-$; (calculated for $C_{16}H_{22}O_8$). 1H NMR (CD_3OD , 400 MHz) δ 5.40 (d, 4.6, H-1), 7.34 (s, H-3), 3.13 (m, H-5), 2.18 (m, H-6), 2.76 (m, H-6), 5.49 (m, H-7), 2.91 (m, H-9), 1.82 (br s, H-10), 9.21 (s, H-11), 4.64 (d, 7.6, H-1'), 3.69 (dd, 12.0, 3.8, H-6a'), 3.87 (br d, 12.0, H-6b'); 3.22–3.42 (4H, m, H-2', H-3', H-4', H-5'). ^{13}C -NMR (CD_3OD , 100 MHz) δ 101.4 (C-1), 158.8 (C-3), 121.6 (C-4), 32.8 (C-5), 38.5 (C-6), 128.2 (C-7), 139.5 (C-8), 50.45 (C-9), 15.3 (C-10), 193.4 (C-11), 103.8 (C-1), 75.5 (C-2), 78.7 (C-3), 71.5 (C-4), 78.4 (C-5), 62.2 (C-6). From the above data, compound (3) was identified as Nepetanudoside C [44].

Compound (4) was obtained as a yellow powder with ESIMS m/z : 431 $[M-H]^-$; (calculated for $C_{21}H_{20}O_{10}$). 1H NMR ($DMSO-d_6$, 400 MHz) δ 13.48 (1H, brs, 5-OH), 7.79 (2H, d, J = 8.3 Hz, 3', 5'-H), 6.89 (2H, d, J = 8.2 Hz, 2', 6'-H), 6.70 (1H, s, 3-H), 6.39 (1H, s, 8-H), 4.51 (1H, d, J = 9.7 Hz, 1''-H). 3.40–3.95 (sugar protons, m). ^{13}C -NMR ($DMSO-d_6$, 100 MHz) δ 163.71 (C-2), 102.90 (C-3), 181.83 (C-4), 160.52 (C-5), 108.82 (C-6), 163.55 (C-7), 93.94 (C-8), 155.91 (C-9), 102.76 (C-10), 121.24 (C-1'), 128.65 (C-2', 6'), 115.89 (C-3', 5'), 161.46 (C-4'), 73.55 (C-1''), 70.86 (C-2''), 79.03 (C-3''), 70.43 (C-4''), 81.53 (C-5''), 61.42 (C-6''). From the above data, compound (4) was identified as Isovitexin [45].

Compound (5) was obtained as a yellow crystalline powder, with ESIMS m/z : 447 $[M-H]^-$; (calculated for $C_{21}H_{20}O_{11}$). 1H NMR ($DMSO-d_6$, 400 MHz) 13.13 (1H, s, 5-OH), 7.49 (1H, dd, J = 2.2, 8.2 Hz, H-6'), 7.43 (1H, d, J = 2.2 Hz, H-2'), 6.91 (1H, d, J = 8.2 Hz, H-5'), 6.68 (1H, s, H-3), 6.32 (1H, s, H-6), 4.67 (1H, d, J = 9.3 Hz, H-1''), 3.30–3.90 (sugar protons, m). ^{13}C -NMR ($DMSO-d_6$, 100 MHz) δ 164.32 (C-2), 102.75 (C-3), 182.32 (C-4), 160.76 (C-5), 98.32 (C-6), 162.96 (C-7), 105.05 (C-8), 156.60 (C-9), 104.30 (C-10), 122.11 (C-1'), 114.57 (C-2'), 146.15 (C-3'), 150.20 (C-4'), 115.88 (C-5'), 119.64 (C-6'), 73.67 (C-1''), 70.99 (C-2''), 78.97 (C-3''), 70.93 (C-4''), 82.20 (C-5''), 61.96 (C-6''). From the above data, compound (5) was identified as Orientin [46].

Compound (6) was obtained as a yellow powder, with ESIMS m/z : 447 $[M-H]^-$; (calculated for $C_{21}H_{20}O_{11}$). 1H NMR ($DMSO-d_6$, 400 MHz) δ 13.53 (1H, brs, 5-OH), 7.42 (1H, dd, J = 2.4 Hz, 9.0 Hz, 6'-H), 7.36 (1H, d, J = 2.4 Hz, 2'-H), 6.90 (1H, d, J = 9.0 Hz, 5'-H), 6.64 (1H, s, 3-H), 6.48 (1H, s, H-8), 4.58 (1H, d, J = 10.0 Hz, 1''-H). 3.30–3.90 (sugar protons, m). ^{13}C -NMR ($DMSO-d_6$, 100 MHz) δ 163.65 (C-2), 102.76 (C-3), 181.86 (C-4), 160.91 (C-5), 108.95 (C-6), 163.78 (C-7), 94.04 (C-8), 156.75 (C-9), 102.91 (C-10), 121.86 (C-1'), 113.32 (C-2'), 146.34

(C-3'), 150.73 (C-4'), 116.53 (C-5'), 119.21 (C-6'), 73.42 (C-1''), 70.53 (C-2''), 79.23 (C-3''), 70.43 (C-4''), 81.78 (C-5''), 61.68 (C-6''). From the above data, compound (6) was identified as Isoorientin [46].

Compound (7) was obtained as a yellow microcrystalline powder with ESIMS m/z : 447 $[M-H]^-$; (calculated for $C_{21}H_{20}O_{11}$). 1H NMR (DMSO- d_6 , 400 MHz) δ 6.54 (1H, d, J = 1.5 Hz, H-6), 6.84 (1H, s, H-3), 6.87 (1H, d, J = 1.5 Hz, H-8), 6.85 (1H, d, J = 8.1 Hz, H-5'), 7.55 (2H, d, J = 8 Hz, H-2', 6'), 5.01 (1H, d, J = 7.5 Hz, H-1''), 4.36 (1H, d, J = 12.8 Hz, H-6''a), 4.15 (2H, m, H-3'', H-6''b), 4.08 (1H, m, H-2''), 4.02 (2H, m, H-4'', H-5''). ^{13}C -NMR (DMSO- d_6 , 100 MHz) δ 61.65 (C-6''), 70.76 (C-4''), 73.92 (C-2''), 77.35 (C-3''), 78.00 (C-5''), 95.76 (C-8), 100.36 (C-6), 100.87 (C-1''), 103.95 (C-3), 106.43 (C-10), 114.43 (C-2'), 116.84 (C-5'), 119.98 (C-6'), 121.89 (C-1'), 146.74 (C-3'), 151.53 (C-4'), 157.74 (C-9), 162.05 (C-5), 163.90 (C-2), 165.53 (C-7), 182.84 (C-4). From the above data, compound (7) was identified as Luteolin-7-O-glucoside (cynaroside) [47].

Results of in silico studies

Molecular docking analysis

The molecular docking experiments were performed to assess how strongly Geniposide (1), Geniposidic acid (2), Nepetanudoside C (3), Isovitexin (4), Luteolin-7-O-glucoside (5), Isoorientin (6), and Orientin (7) could bind to the selected biological macromolecules, namely aromatase, carbonic anhydrase IX, fatty acid synthase, and the topoisomerase II-DNA complex. An initial validation step was undertaken to confirm the precision of the AutoDock software used in the study. This validation entailed repositioning the native co-crystallized ligand back into its corresponding target structure. The process yielded reassuringly low RMSD measurements (1.84, 1.72, 1.88, and 1.42 Å for aromatase, carbonic anhydrase IX, fatty acid synthase, and the topoisomerase II-DNA complex, respectively), thereby verifying the program's reliability [32, 48-52]. With validation confirmed, docking was used to gain a deeper understanding of the binding characteristics of the isolated compounds within these protein targets, helping elucidate their potential as promising new anticancer agents. The calculated binding free energies, RMSD values, and the specific intermolecular interactions for the docked compounds are summarized in **Tables 1 and 2**.

Table 1. Binding scores, RMSD values, and amino acid binding interactions of the investigated compounds against aromatase and carbonic anhydrase IX.

Aromatase enzyme				
Comp. No	RMSD (Å)	S score (Kcal/mol)	Binding interactions	Distances (Å)
(1)	0.70	-8.15	LEU372 (H-donor)MET374 (H-acceptor)	2.933.10
(2)	0.89	-7.70	CYS437 (H-donor)MET374 (H-donor)LEU477 (H-donor)	3.304.503.26
(3)	1.49	-7.22	LEU372 (H-donor)LEU477 (H-donor)MET374 (H-acceptor)ALA306 (H-acceptor)	3.122.943.193.38
(4)	2.27	-8.54	LEU477 (H-donor)LEU477 (H-donor)MET374 (H-acceptor)ILE133 (π -H)	2.832.723.374.22
(5)	1.74	-8.73	MET374 (H-donor)LEU372 (H-donor)LEU477 (H-donor)ILE133 (π -H)	3.842.713.254.49
(6)	1.27	-8.52	MET303 (H-donor)MET303 (H-donor)LEU477 (H-donor)LEU477 (H-donor)MET374 (H-acceptor)ILE133 (π -H)GLY439 (π -H)	4.243.913.102.663.033.964.36
(7)	1.81	-8.67	MET374 (H-donor)MET374 (H-acceptor)	3.923.03
Co-crystallized	1.84	-8.02	MET374 (H-acceptor)	2.97
Reference	1.07	-7.76	MET374 (H-acceptor)	2.96
CA IX				

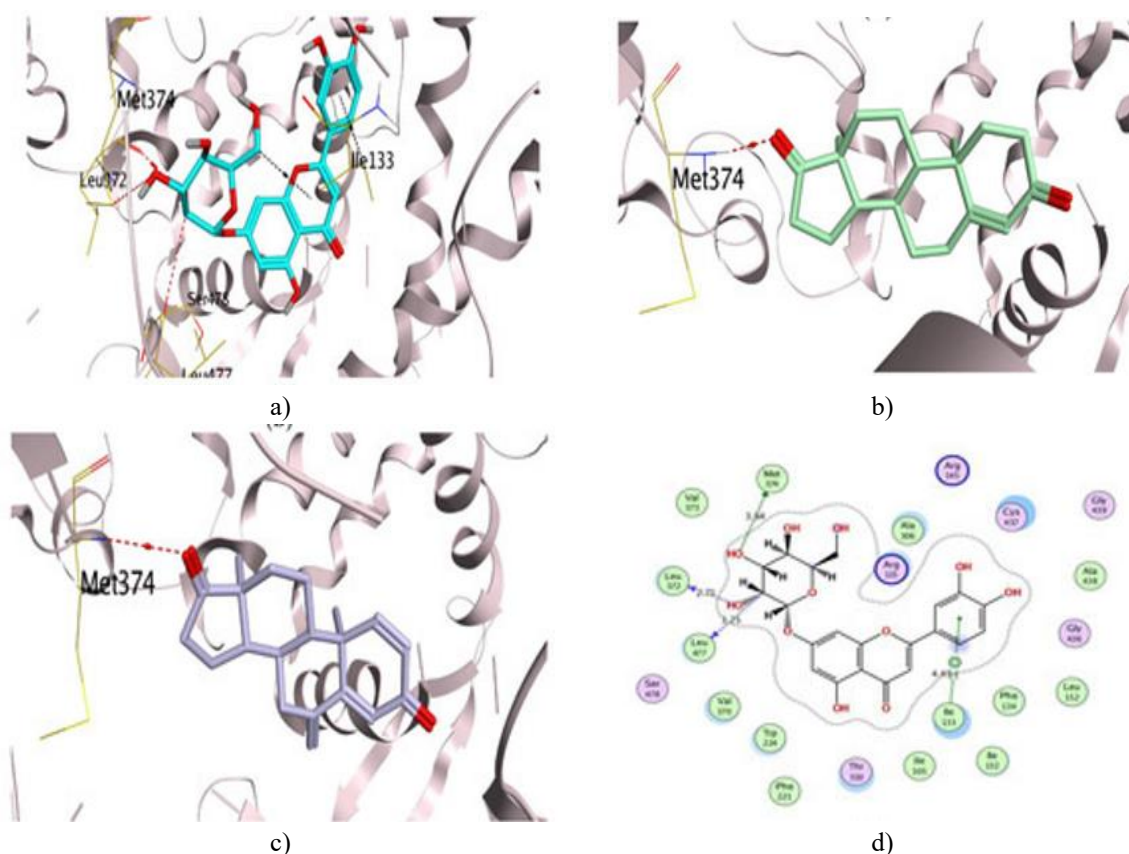
Comp. No	RMSD (Å)	S score (Kcal/mol)	Binding interactions	Distances (Å)
(1)	1.43	−7.41	GLU106 (H-donor)THR200 (H-acceptor)	3.143.07
(2)	1.45	−7.05	THR201 (H-donor)THR200 (H-acceptor)	2.673.23
(3)	1.64	−7.41	THR201 (H-donor)THR200 (H-acceptor)HIS94 (π-H)	2.883.173.55
(4)	1.41	−7.21	THR201 (H-donor)GLN71 (H-acceptor)ZN264 (Metal)LEU91 (π-H)GLN92 (π-H)	3.183.032.303.983.85
(5)	1.83	−8.13	GLU106 (H-donor)	3.08
(6)	1.31	−7.41	ZN264 (Metal)	2.30
(7)	2.13	−8.92	THR201 (H-donor)	3.22
Co-crystallized	1.72	−5.91	THR201 (H-donor)THR200 (H-acceptor)VAL121 (π-H)	3.273.344.93
Reference	1.31	−5.83	THR201 (H-donor)THR201 (H-donor)THR200 (H-acceptor)	3.293.223.28

Table 2. Binding scores, RMSD values, and amino acid binding interactions of the investigated compounds against FAS and topoisomerase II-DNA complex.

FAS				
Comp. No	RMSD	S score	Binding interactions	Distances
(1)	0.93	−5.86	SER2340 (H-acceptor)ARG2482 (H-acceptor)	3.123.23
(2)	1.84	−6.05	ASP2338 (H-donor)PRO2341 (H-donor)SER2340 (H-acceptor)TYR2462 (π-H)	3.012.913.193.54
(3)	0.93	−5.85	SER2308 (H-donor)THR2342 (H-donor)SER2340 (H-acceptor)HIS2481 (π-H)	2.953.233.073.73
(4)	1.09	−6.22	THR2342 (H-donor)SER2340 (H-acceptor)	3.053.35
(5)	2.26	−6.82	SER2340 (H-donor)SER2340 (H-acceptor)PHE2370 (π-H)ILE2250 (π-H)	2.973.024.533.80
(6)	1.10	−6.49	SER2340 (H-donor)	3.00
(7)	1.61	−6.40	HIS2481 (H-donor)	3.33
Co-crystallized	1.39	−8.09	SER2340 (H-acceptor)TYR2462 (π-H)HIS2481 (π-H)	3.034.654.42
Reference	1.76	−6.03	HIS2481 (π-π)	3.92
Topoisomerase II-DNA Complex				
Comp. No	RMSD	S score	Binding interactions	Distances
(1)	1.77	−7.31	DG10 (H-donor)ASP479 (H-donor)DT9 (π-H)	2.962.863.78
(2)	1.46	−6.87	MET782 (H-donor)ARG503 (H-acceptor)	3.162.99
(3)	1.44	−7.16	ARG503 (H-acceptor)ASP479 (H-acceptor)DG13 (π-H)DG13 (π-H)	3.012.954.543.68
(4)	1.15	−7.47	ASP479 (H-donor)DT9 (π-H)DT9 (π-H)	3.084.164.21
(5)	2.15	−7.99	ASP479 (H-donor)DG10 (H-donor)SER480 (H-acceptor)DT9 (π-H)	2.693.202.923.64
(6)	1.49	−7.78	ASP479 (H-donor)DT9 (H-donor)	2.982.97
(7)	2.18	−7.69	ASP479 (H-donor)DT9 (H-donor)GLU477 (H-donor)ARG503 (H-acceptor)DG13 (π-H)DT9 (π-H)	3.002.713.033.113.664.47

Co-crystallized	1.42	−10.52	ASP479 (H-donor)MET782 (H-donor)DG13 (H-donor)GLN778 (H-acceptor)DA12 (π -H)	2.703.733.372.943.75
Reference	1.84	−8.96	ARG503 (H-donor)ASP479 (H-acceptor)LYS456 (H-acceptor)DG13 (π -H)	3.243.433.294.26

Examining the docking data for the aromatase target, a notable observation was that compounds (4, 5, 6, and 7) achieved favorable binding scores that outperformed those recorded for both the co-crystallized ligand and the comparator drug (Exemestane). The rationale for selecting exemestane as a benchmark was its function as an aromatase inhibitor, alongside its polycyclic architecture, which resembles the structures of the test compounds; this structural similarity supports a reliable assessment that the compounds can securely anchor within the target's active site for a valid comparative analysis. It is worth noting that compound (5) showed the highest binding affinity for the aromatase enzyme among the entire set. Furthermore, the amino acid MET374 appears to be a crucial residue for aromatase inhibition, as it interacts with both the co-crystallized ligand and the reference drug. The results showed that compound (5) engages the aromatase enzyme with a binding energy of -8.73 Kcal/mol and an RMSD of 1.74 Å. Specifically, hydrogen bonds were formed by the glycosidic component of compound (5) with the residues MET374, LEU372, and LEU477 at separations of 3.84 , 2.71 , and 3.25 Å, respectively. A π -H interaction was also established between the phenyl ring of compound (5) and ILE133 at a distance of 4.49 Å. By contrast, the co-crystallized ligand contributed a single hydrogen bond to MET374 (2.97 Å), and the reference inhibitor (Exemestane) similarly formed a hydrogen bond with MET374 at a distance of 2.96 Å, as shown in Figure 2.



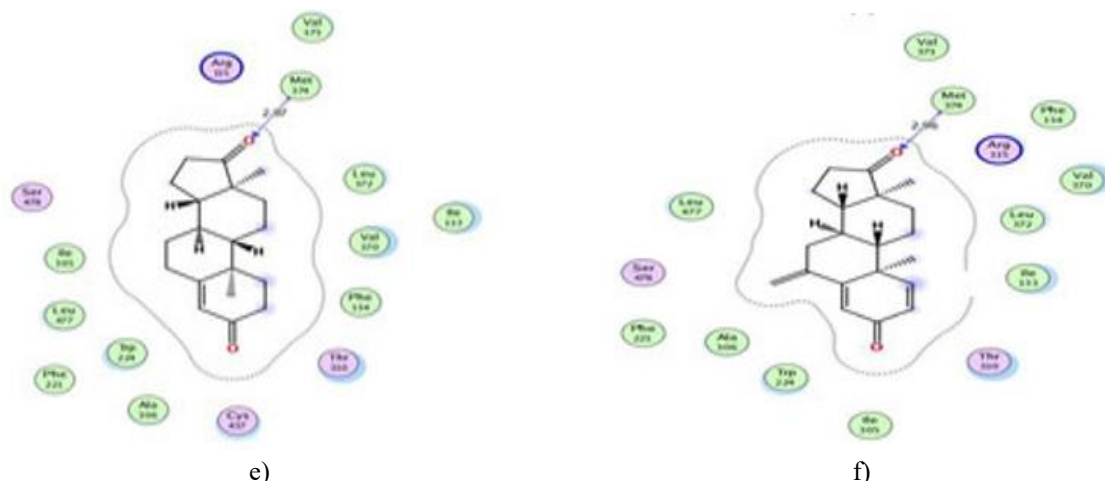
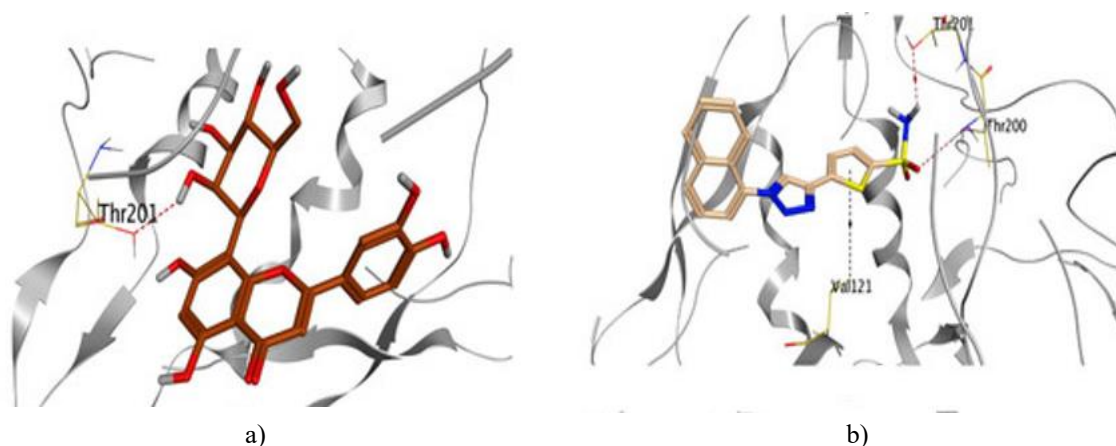


Figure 2. The 3D binding interactions of (a) compound (5), (b) the co-crystallized ligand, (c) the reference drug, and the 2D binding interactions of (D) compound (5), (e) the co-crystallized ligand, and (f) the reference drug at the aromatase enzyme.

Shifting focus to the carbonic anhydrase IX (CA IX) target, a striking finding was that compound (7) possessed the greatest binding potential for CA IX relative to the other compounds. The residues THR200 and THR201 were inferred to be essential for inhibiting CA IX, as they are engaged by both the co-crystallized ligand and the reference drug. The data disclosed that compound (7) binds to CA IX with a score of -8.92 Kcal/mol and an RMSD value of 2.13 Å. A key interaction involved a hydroxyl substituent on the sugar unit of compound (7), which formed a hydrogen bond to THR201 at 3.22 Å. In the case of the co-crystallized ligand, its sulfamoyl group was responsible for hydrogen-bonding contacts with THR200 (3.34 Å) and THR201 (3.27 Å), and its thiophene moiety participated in a pi-H contact with VAL121 at a distance of 4.93 Å. Meanwhile, the reference compound (Acetazolamide) formed a hydrogen bond with THR200 via its sulfamoyl group (3.28 Å) and two additional hydrogen bonds with THR201 through its thiadiazole ring and amide portion at 3.22 and 3.29 Å, respectively, as illustrated in **Figure 3**.



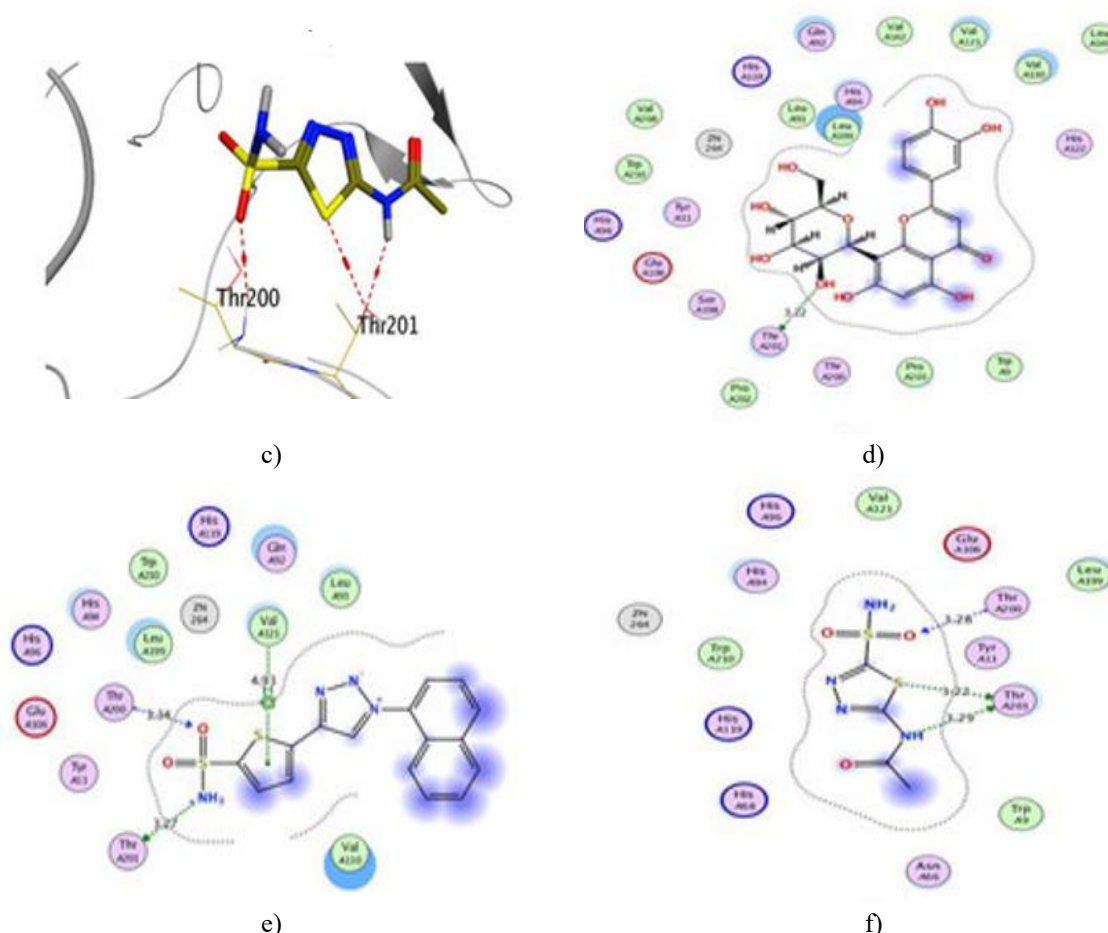


Figure 3. The 3D binding interactions of (a) compound 7, (b) the co-crystallized ligand, (c) the reference drug, and the 2D binding interactions of (d) compound 7, (e) the co-crystallized ligand, and (f) the reference drug at the CA IX.

Regarding the fatty acid synthase (FAS) biological target, compound (5) again showed the highest binding affinity among the series. The amino acids SER2340, TYR2462, and HIS2481 were identified as key players in FAS inhibition, based on their interactions with the co-crystallized ligand. It was thus observed that compound (5) could bind to FAS, yielding a binding energy of -6.82 Kcal/mol and an RMSD of 2.26 Å. In terms of binding details, the phenyl ring of compound (5) was involved in a pair of hydrogen bonds with SER2340 at distances of 2.97 and 3.02 Å. Concurrently, the benzopyran nucleus of compound (5) engaged PHE2370 and ILE2250 through pi-H interactions at distances of 4.53 and 3.8 Å, respectively. For the co-crystallized ligand, its aliphatic chain regions formed pi-H bonds with HIS2481 (4.42 Å) and TYR2462 (4.65 Å), while its carbonyl oxygen made a hydrogen bond to SER2340 at a 3.03 Å distance. In comparison, the phenyl ring system of the control drug ((-)-Epigallocatechin gallate) formed a pi-H interaction with HIS2481 at a distance of 3.92 Å, as displayed in **Figure 4**.

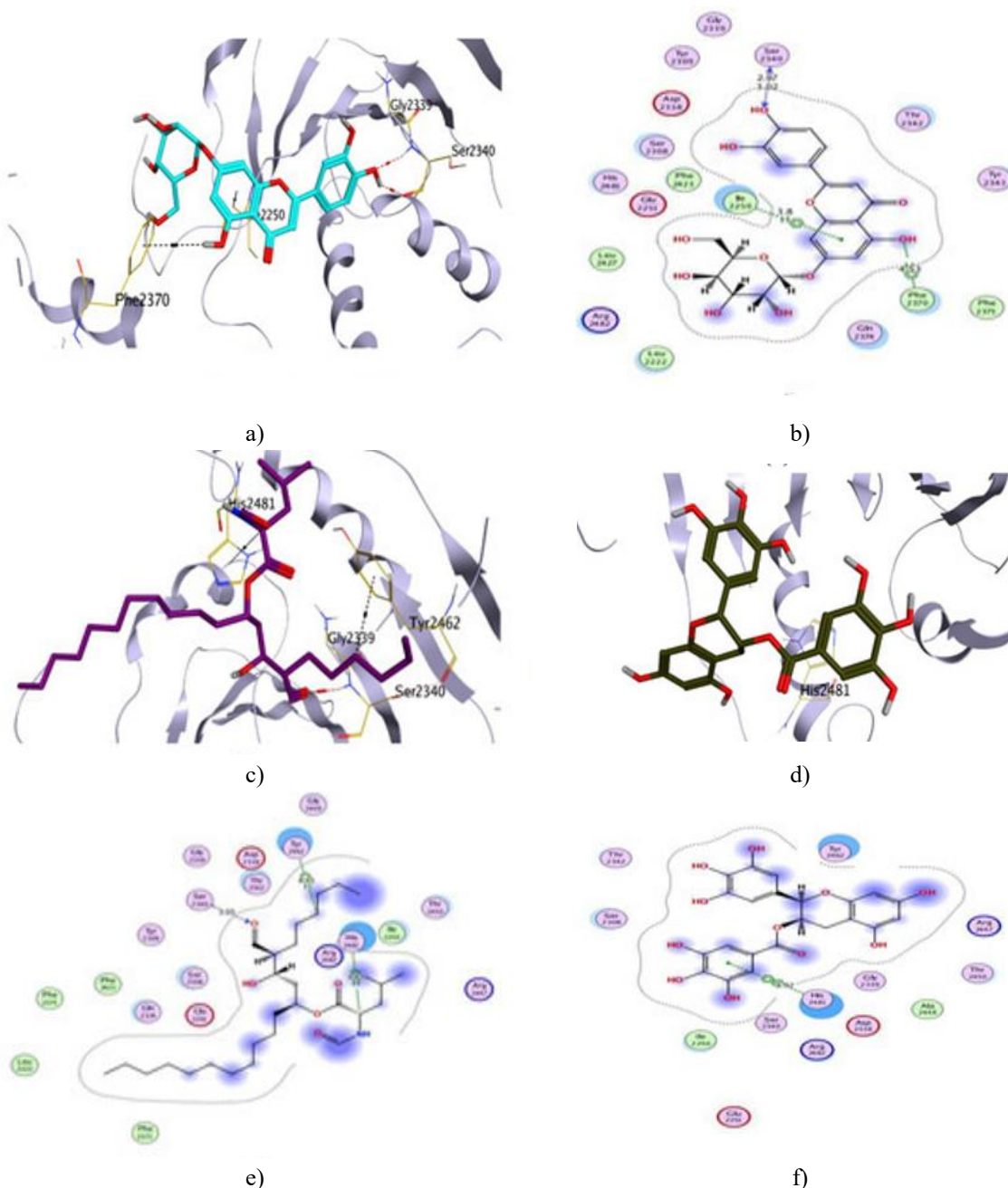


Figure 4. The 3D binding interactions of (a) compound 5, (b) the co-crystallized ligand, (c) the reference drug, and the 2D binding interactions of (d) compound 5, (e) the co-crystallized ligand, and (f) the reference drug at the FAS.

Turning attention to the Topoisomerase II-DNA complex (TOP II) as a biological target, it was noteworthy that compound (5) exhibited the greatest binding propensity within the entire panel of docked ligands. Prior studies have established that the principal binding loci of TOP II include the nucleotide bases ADE12, GUA13, CYT8, CYT11, and THY9, as well as the protein side chains ASP479, ARG503, GLN778, and MET782 [53]. In accordance with this, compound (5) was observed to coordinate with the TOP II complex, registering a binding free energy of -7.99 Kcal/mol and an RMSD value of 2.15 Å. To elaborate, the carbohydrate substituent of compound (5) forged hydrogen-bonding contacts with SER480 and DG at separations of 2.92 and 3.2 Å, respectively. Concurrently, its benzopyran ring system established a pi-H contact with DT at a 3.64 Å spacing, while a hydroxyl functionality decorating this same benzopyran moiety formed a hydrogen bond to ASP479 at a 2.69 Å distance. When examining the co-crystallized ligand, its sugar fragment participated in a pi-H interaction with DA and an H-bond with DG at respective distances of 3.75 and 3.37 Å. The dioxane unit within this co-crystallized ligand supplied additional H-bonds to GLN778 (2.94 Å) and MET782 (3.73 Å), and a hydroxyl

attached to its cyclohexyl moiety contributed an H-bond to ASP479 at 2.7 Å. For the comparator drug (Doxorubicin), its tetrahydrotetracene backbone mediated H-bonds with ASP479 (3.43 Å) and ARG503 (3.24 Å) in addition to a pi-H interaction with DG13 at 4.26 Å. A further H-bond linked a pyran-ring hydroxyl of Doxorubicin to LYS456 at 3.29 Å, as depicted in **Figure 5**.

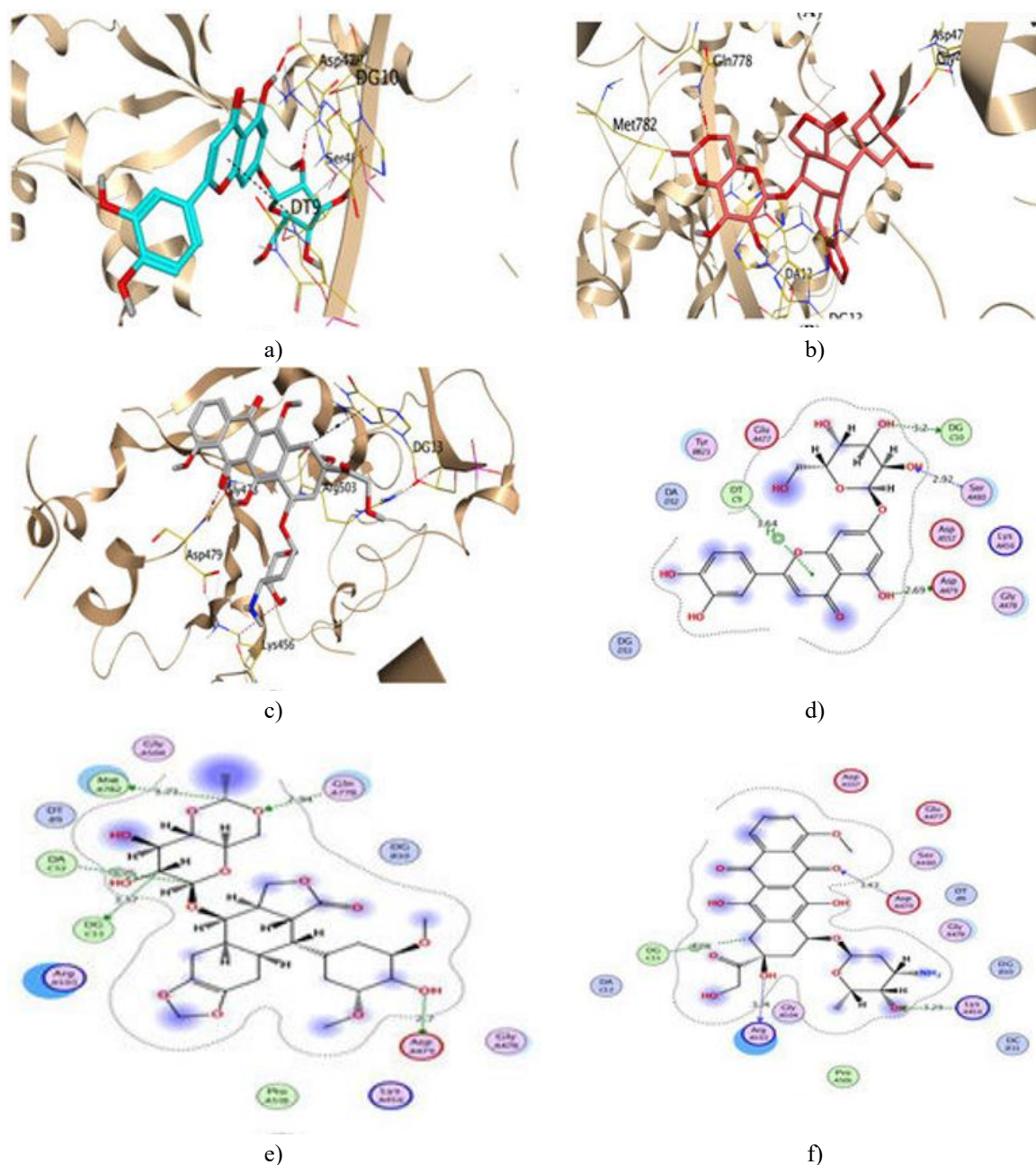


Figure 5. The 3D binding interactions of (a) compound (5), (b) the co-crystallized ligand, (c) the reference drug, and the 2D binding interactions of (d) compound (5), (e) the co-crystallized ligand, and (f) the reference drug at the TOP II.

Prediction of physicochemical and pharmacokinetic properties

The submitted molecular structures were projected to exhibit suitable physicochemical and pharmacokinetic properties; the computed logPo/w values ranged from 1.0 to 2.89, coupled with strong aqueous solubility, as outlined in **Table 3** [30]. Satisfactory gastrointestinal uptake and oral bioavailability necessitate that a compound's physicochemical descriptors reside within prescribed limits [54]. The radar charts generated by the SwissADME web utility, shown in **Figure 6**, depict the oral bioavailability profiles of our target molecules. This graphical representation incorporates six axes corresponding to the six determinants of oral bioavailability: flexibility

(FLEX), lipophilicity (LIPO), size (SIZE), polarity (POLAR), solubility (INSOLU), and saturation (INSATU); the pink zone demarcates the ideal parameter space linked to a favorable oral bioavailability forecast [55]. As shown in **Figure 6**, the red polyline tracing Nepetanudoside C falls entirely within the pink region, suggesting strong oral bioavailability. Likewise, the red outlines symbolizing the remaining compounds are predominantly enclosed by the pink zone, suggesting acceptable oral bioavailability predictions. Beyond this, the SwissADME tool indicated that geniposide and nepetanudoside C adhere to Lipinski's rule, a pivotal drug-likeness filter, suggesting that these candidates may possess promising pharmacokinetic properties [56].

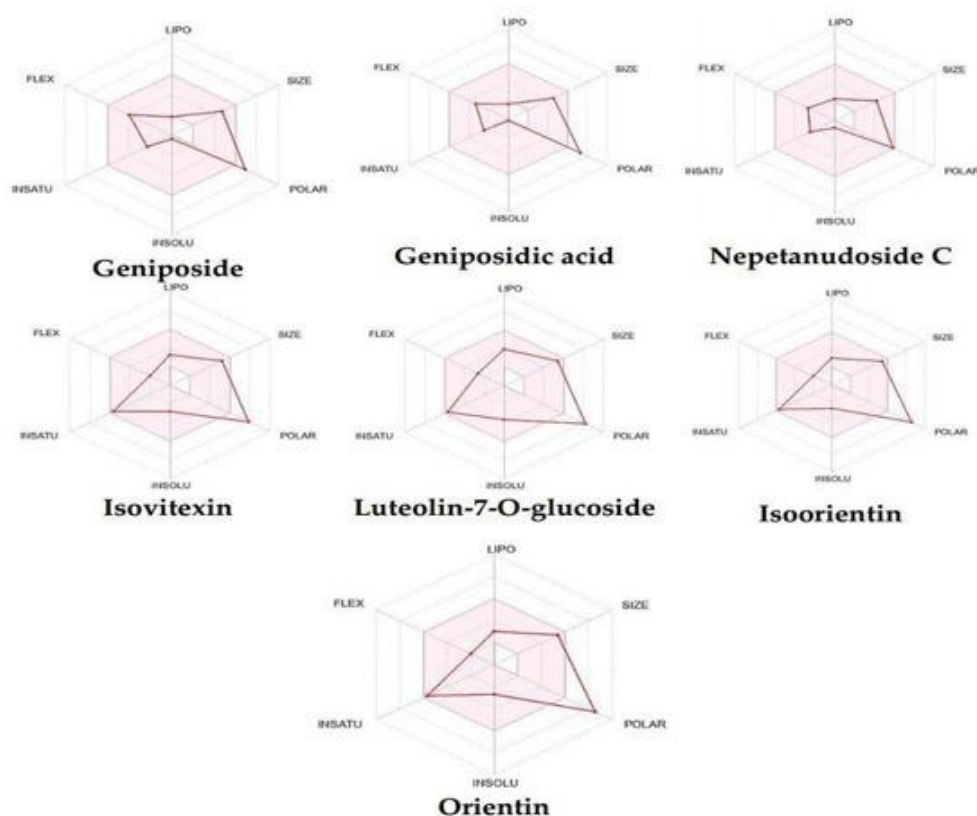


Figure 6. Radar charts for the prediction of oral bioavailability generated by the SwissADME web tool.

Table 3. ADMET profile of the target compounds.

Physicochemical Properties							
Parameter	Orientin	Isoorientin	Luteolin-7-O-glucoside	Isovitexin	Nepetanudoside C	Geniposidic acid	Geniposide
Molecular weight	448.10	448.10	448.10	432.11	342.13	374.12	388.14
LogP	1	1.6	1.99	1.97	1.22	1.31	2.89
Rotatable bonds	3	3	4	3	4	5	6
H-bond acceptors	11	11	11	10	8	10	10
H-bond donors	8	8	7	7	4	6	5
Molecular surface area (Å ²)	201.28	201.28	190.28	181.05	125.68	166.14	155.14
Drug-Likeness evaluation							
Parameter	Orientin	Isoorientin	Luteolin-7-O-glucoside	Isovitexin	Nepetanudoside C	Geniposidic Acid	Geniposide

Lipinski rule violations	2	2	2	1	0	1	0
Ghose rule violations	1	1	0	0	1	1	1
Veber rule violations	1	1	1	1	0	1	1
Pharmacokinetic Properties							
Parameter	Orientin	Isoorientin	Luteolin-7-O-glucoside	Isovitexin	Nepetanudoside C	Geniposidic acid	Geniposide
GI absorption	Low	Low	Low	Low	High	Low	Low
BBB permeation	No	No	No	No	No	No	No
CYP1A2 inhibition	No	No	No	No	No	No	No
CYP2C19 inhibition	No	No	No	No	No	No	No
CYP2C9 inhibition	No	No	No	No	No	No	No
CYP2D6 inhibition	No	No	No	No	No	No	No
CYP3A4 inhibition	No	No	No	No	No	No	No

Conclusion

The study described herein culminated in the separation, structural identification, and spectroscopic characterization of seven phytoconstituents documented for the first time from the aerial organs of *P. frutescens* Hochst. Of particular note, the virtual screening component through molecular docking disclosed that Luteolin-7-O-glucoside (5) attained the most favorable binding energies among the analyzed set toward aromatase, fatty acid synthase, and the topoisomerase II-DNA complex, whereas Orientin (7) achieved the highest-ranked binding affinity toward carbonic anhydrase IX. These encouraging binding profiles were achieved by establishing robust hydrogen-bonding networks with catalytic-pocket residues and meaningful contacts with ancillary receptor-binding amino acids. The SwissADME online platform further projected that Luteolin-7-O-glucoside meets acceptable thresholds for pharmacokinetic performance and drug-likeness. On this basis, Luteolin-7-O-glucoside (5) and Orientin (7) merit recognition as lead scaffolds amenable to structural refinement aimed at crafting more powerful anticancer therapeutics. Research currently in progress involves synthesizing novel analogs and profiling the most active entities in vitro across multiple cell lines and enzymatic assay systems. In vivo experimentation using animal models is advised to advance these molecular candidates to the next stage of the drug discovery continuum.

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Conflict of Interest: None

Financial Support: None

Ethics Statement: None

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